



Families Plus

Give a child a hand up

Spring 2016

STAFF

Brenda K. Holland, Ph.D.
Executive Director, Psychologist

Katie Dean, MSW, LCSW
Mental Health Professional

Rebecca Ela, LCSW
Mental Health Professional

Mariah Emond, MSCP, LPC, LAC
Mental Health Professional

Suzanne Horning-Rieder, MA DTR LPC
Mental Health Professional

Betsy Nordstrom, MA, LPC
Mental Health Professional

Toni Pearson
Office Manager

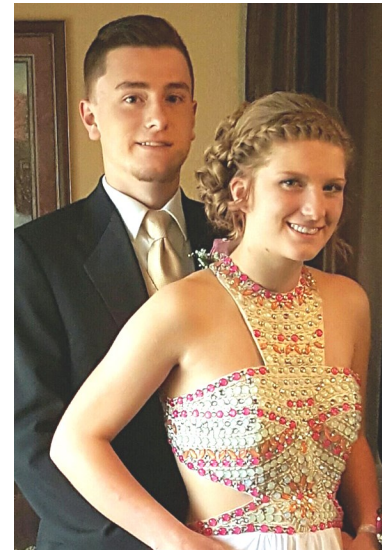
Susan Simianer, MA, LPC
Intensive Case Manager

Jacob Smart
Administrative Support

Karen Wolfram, MA, LPC
Mental Health Professional

Mentoring—It Works!

Summer Hood, a junior at Delta High School, was voted into the Royal Prom Court by her peers in April. Summer is making her friends, family, and Families Plus friends so very proud. Even though Summer has experienced a series of difficult and unexpected life changing events over the years, she keeps moving forward. Recently, Summer was invited to take the Delta Montrose VoTech CNA class in her senior year so she has a marketable skill to help pay for her further education.



With a 3.57 GPA, Summer has definite goals for her future. Her long-time mentor, Sherry Schenk is impressed that Summer has so many goals and persists until she achieves each of them. Summer and Sherry began spending time together when Sherry was a school psychologist in the Delta County school system. Their relationship has always been strong. Sherry is now retired in the Grand Junction area, but her home is Summer's home-away-from-home. Summer spends a lot of time in Sherry's home. Summer says Sherry is like a grandmother to her.

Summer has been involved in the Families Plus program for nine years. Numerous volunteers and mentors have invested in Summer including Diana Tayir, Ron and Margie Kupcho, Sandra Kupcho, Ardis and Dick Millier, and Iona Bartoziewicz to name a few. Summer and her brother, Dylan, live with Dr. Janet Moore. They have become a warm, strong family in their own right along with the two cats and three dogs. Summer's experience is proof that when community wraps around children, they are provided for through thick and thin.

BOARD

Dennis Bollig.....President

Dave Armlovich.....Vice President

Al Hale.....Treasurer

Linda Manley.....Secretary

Larry Donathan.....Member

Connie Barry.....Member

Don Chapman.....Member

Christopher Cady.....Member

Special Thanks to:
Surface Creek
Quilters



MOTHER'S DAY GIFTS

Delivered by May 6

FATHER'S DAY GIFTS

Delivered to by June 17

ANNUAL PICNIC

Friday, August 19; 5:30 pm
Lions Pavilion at Confluence Park

**A SPECIAL THANK
YOU TO OUR
MENTORS:**

Brenda & Mark Anderson

Kay Bartlett

Richard & Linda Bell

Dwight & Karen Benson

Dennis & Mary Bollig

Jared & Nicole Davis

Ken Gates

Jeff & Susie Hirsch

Ralph and Connie Hubbell

Shane & Mary Jo Lance

Dan Kroll

Harry & Pat Masinton

Rachel & Rick Oberheu

Robert & Corey Rice

Sherry Schenk

James & Dorothy Schwietert

Katherine Svenson

Ruth and Harry White

Kristi Attarian & Tom Hensley

Larry & Cheryl Taylor

**FAMILIES PLUS LEADS INTEGRATION
IN LOCAL CLINICS**

Working under a Rural Health Services Outreach Grant, Families Plus is developing new models of health care integration for implementation in rural areas. On May 2, 2016, Families Plus began an integrated behavioral and physical health practice at Stoney Mesa Family Practice. Becky Ela, MSW, LCSW will now be available two days each week in the clinic. The integrated practice at DCMH Family Medicine opened in October 2015. Susan Simianer, MA, LPC, and Betsy Nordstrom, MA, LPC, are available to patients at DCMH Family Medicine. Handling most health care needs at one time and in one location is a tremendous benefit for a healthier Delta County.



Do you have the time and the inclination to help in one or more these ways?

- ⇒ Mentor a child/teen
- ⇒ Tutor
- ⇒ Repairs/Moving
- ⇒ Provide a ride
- ⇒ Help in our office
- ⇒ Bake
- ⇒ Help with fundraising events
- ⇒ Help with future newsletters

If so, please stop in, call Toni at 874-0464, or email tonipearsonfp@gmail.com

CELEBRATING SUCCESS

The children and families enrolled in the Families Plus program are facing seemingly impossible obstacles, but every day they get up and tackle those challenges head-on. We are proud to know these families. Please join us in celebrating their success!

NATIONAL HONOR SOCIETY

Antonio Visuano was inducted into the National Honor Society in March 2016!

Woot! Woot! Woot!



“CLOSE ENCOUNTERS”

Kelly Finley and The Seriously Silly Seven took third place in the “Close Encounters” challenge...not “close” enough to advance to state competition but a fine effort by the entire team!

OUTSTANDING EFFORT

PERFECT ATTENDANCE

Shelby Fair proudly shows off the bracelet he was awarded for perfect attendance at Cedaredge Elementary School.

Quite the accomplishment!

REGIONAL COMPETITION

Ivorie Crandall progressed to the Regional Competition with her History Day Project: Oppression and Bob Marley’s Message of Universal Love.

Way to go!! Keep up the good work!

HIGH SHOOOL, TECHNICAL COLLEGE, WORK

While finishing up her senior year of high school, Tori Hovey has been attending cosmetology training at Delta Montrose VoTech...even working part-time at Taco Bell for a time!

Success is definitely in Tori’s future!



BECOME A MEMBER OF THE FAMILY!

YOUR SUPPORT PROVIDES resolution of school problems, fees for sports/music lessons, school supplies, access to complete health care, and SO MUCH MORE!

BECOME A MEMBER OF THE BOARD OF DIRECTORS

As a Board Member, you will help ensure we remain financially sound and true to our mission while ensuring compliance with all federal, state, and local laws and regulations.

The next meeting will be in July. Call 874-0464 for more information.

BE A MENTOR

The secret to a successful mentor is the love of children and a desire to help each one grow into balanced, happy adults.

Meet with your child once a month, twice a month, weekly, or whenever best suits your child's need.

Call 874-0464 for more information.

FINANCIAL SUPPORT

Supporter (\$15 one-time gift)

Donor (\$25 one-time gift)

100s Club (\$100 annual gift or installments in a 12-month period)

Sponsor (\$1,200 supports 1 child for an entire year)

Contact Families Plus at 874-0464 or at familiespluscolorado@gmail.com to make your gift or for more information.

ANY COMBINATION OF THE ABOVE

**“We make a living by
what we get, but we
make a life by what
we give.”**

Winston Churchill

Look Who's New!

The winter not only brought snow and cold this year...it brought in a new Office Manager and three new Board of Directors Members.

Linda Manley

Board of Directors Secretary

Linda has a Bachelors of Sociology from Regents College, University of New York. A local business owner, Linda's understanding of how social connections are made as well as raising some of her grandchildren make her uniquely qualified to support Families Plus as a Board Member. She is a supporter of helping children grow into healthy, educated, and productive adults. Families Plus is fortunate to have her on board.

Don Chapman

Board of Directors Member

Don is a retired pharmacist and long-time resident of Delta. He is very active in the community, supporting Delta County residents through such organizations as Lion's Club. Don is committed to the Family Plus mission of enabling at-risk children in our community to grow into healthy, education, and productive adults.



Christopher L. Cady

Board of Directors Member

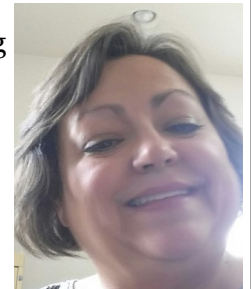
Chris is a native of Delta. After high school, he entered the United States Navy. Chris is married with two children; Ashly, 21, is a student at University of Washington, and Joshua, 16, lives in Seattle with his mother. Chris was nominated for and won the 2011 Military Fatherhood Award in recognition of the support and care he gives Joshua who is affected by cytomegalovirus, a devastating disease that has robbed him of sight, hearing, and the ability to do anything for himself. This experience has fueled Chris' passion to advocate for children. Over the years, Chris has been involved in any number of organizations that provide support and services for children and their families. The family man is an avid fisherman and a full-time student at Colorado Mesa University. Families Plus is excited to work with Chris for children in our "hometown".



Toni Pearson

Office Manager

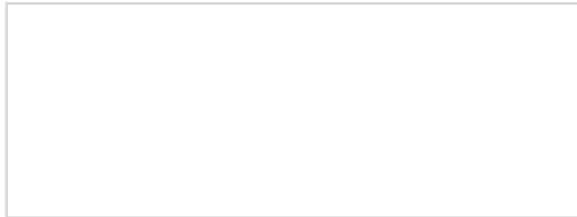
Toni is a recent transplant to Delta County after living 25 years in Colorado Springs. Toni has extensive experience with non-profits; and has already helped implement some changes to enhance Families Plus' documentation practices. Toni raised two of her nieces, one of whom was diagnosed with bipolar disorder at the age of 14, so she has first-hand knowledge of the difficulty of raising a child with challenging behaviors. She brings that knowledge and empathy to Families Plus. Welcome!





Families Plus
115 Grand Avenue, Suite 2
Delta, CO 81416

NONPROFIT ORG.
US POSTAGE PAID
DELTA, CO
PERMIT NO. 4



Major Donors

Caring For Colorado
Community Foundation
Anschutz Foundation
HRSA

Porter Family Fund
Adolf Coors Foundation
Wolcott Family Foundation



Thank You

Top Supporters 

All Saints Lutheran Church
 Phillip & Allison Long
 Mary & Edson Holland
 St. Andrews Orthodox Church
 United Methodist Church
 Paonia Surface Creek Senior Citizens
 Kunde Family
 Starr's Guitar
 United Methodist Women
 United Methodist Church of Delta
 United Methodist Church of Cedaredge
 Walmart

TO ALL OF YOU WHO HAVE SO GENEROUSLY GIVEN OF YOUR TIME,
 TALENTS, GIFTS, AND FINANCIAL SUPPORT. WE AT FAMILIES PLUS
 APPRECIATE EACH AND EVERYONE OF YOU.

THANK YOU FROM THE BOARD OF DIRECTORS,
EXECUTIVE DIRECTOR, AND STAFF